



TEND HEALTH

Physiotherapy Referral **Package**

For Physicians, Surgeons & Clinic Staff

Verified, in-home physiotherapy across Ontario — often within days.

Everything your practice needs to refer a patient, in one package.



(289) 400-4962

Call to refer

info@tendhealth.ca

Email to refer

1 (647) 557-2952

Fax to refer

tendhealth.ca

Learn more



WHAT TEND HEALTH DOES

Tend Health is an on-demand platform that connects patients with verified, in-home physiotherapists (as well as dietitians and mental health therapists) across Ontario. Instead of a patient travelling to a clinic, a registered physiotherapist comes to them — often within days, sometimes same-day. Every therapist is a Registered Physiotherapist (PT) in good standing with the College of Physiotherapists of Ontario, background-checked and insured. Families or patients pay only after each visit is completed.

From \$135/hr

CONDITIONS WE TREAT

- Post-surgical rehab
- Chronic back pain
- Arthritis & joint pain
- Sports injuries
- Falls & balance issues
- Stroke recovery support
- Frailty & deconditioning
- Post-hospital discharge
- Chronic pain management

WHY IN-HOME PHYSIOTHERAPY HELPS

- ✓ No travel burden or transit time
- ✓ Lower fall risk getting to appointments
- ✓ Real home environment for real function
- ✓ Family/caregiver can sit in on the visit
- ✓ Better adherence, less missed care
- ✓ Faster access — no clinic waitlist

AREAS WE SERVE

Available across Ontario, with the deepest coverage in the Greater Toronto Area and surrounding regions. Coverage is expanding — contact us to confirm availability in a specific postal code.

IS TEND HEALTH A GOOD FIT? A FEW EXAMPLES

Post-hip-replacement, 3 weeks out. Patient can't yet drive and has no one available to take her to outpatient clinic appointments twice a week. A Tend physiotherapist comes to her apartment instead, so recovery isn't delayed by transportation.

Senior with arthritis, recent fall. Patient is anxious about leaving home after a fall and has limited mobility. In-home visits let therapy start immediately in a setting where she already feels safe, with fall-prevention exercises built around her actual home layout.

Weekend athlete, ACL strain. Works long hours and can't consistently make daytime clinic slots. Tend schedules around his availability, including evenings, so his rehab plan doesn't stall between visits.

1

Call or email us with patient details

2

We confirm coverage & match a PT

3

First visit typically within days

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